

“OphtaTherapy. Terapie w Okulistyce” publishes articles regarding contemporary issues in ophthalmic therapies (pharmacological therapy, laser therapy, surgical therapy, etc.).

Due to the rapid advancement of medical knowledge in our specialisation, we particularly focus our attention on information regarding modern methods of conservative and surgical treatment of ophthalmological diseases.

“OphtaTherapy. Terapie w Okulistyce” publishes original articles, reviews and case studies. Our articles contain up-to-date knowledge about new pharmaceuticals, diagnostic, surgical and laser equipment, new and novel uses of existing treatment methods and unusual side effects of drugs.

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#### Format

- Manuscripts should be sent by e-mail to the editorial office in Poland (ophtha@wiml.waw.pl).
- As a general rule, the length of the paper should not exceed 8 pages of A4 paper, including figures, tables and references. It should be submitted in Microsoft Word format.
- The left margin should be 2 cm, while the right margin should be 3 cm.
- The paper must be written with a font size of 12 pt.
- Line spacing should be 1,5.
- Manuscripts can be submitted in English or Polish.
- Authors whose native language is not English are STRONGLY advised to seek appropriate grammatical assistance.
- The submitted materials cannot be previously published elsewhere, either in whole or in part, and cannot be under review in other journals or publishers.
- The main document of each manuscript should be uploaded as a separate text file. Microsoft Word is preferred, although any editable text file is acceptable.
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- Figures should not include names of patients, logos, symbolic landmarks or any other identification of their origin.

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The main document of each manuscript should be written in the following order:

- **TITLE PAGE** – should include:
  - the full title of the article;
  - short title;
  - full name/s of author/s;
  - hospital and academic affiliations;
  - corresponding author contact information;
  - full name of head of research centre;
- **ABSTRACT** – should not exceed 700 characters (including spaces);

- **HIGHLIGHTS** – should not exceed 186 characters (including spaces);
- **KEY WORDS** – 3 to 6 words for indexing purposes.
- **PHOTOS OF AUTHORS.**
- **MAIN TEXT** – original articles should be arranged with appropriate subheadings: Introduction, Objective, Materials and Methods, Results, Discussion, Conclusions.
- **ABBREVIATIONS** – on first usage it is necessary to write the full form of a word or phrase in the text. All abbreviations should be explained in the article during first use.
- **ACKNOWLEDGEMENTS** – should include all sources of financial support as well as potential conflict of interests for all authors.
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- References, tables and figures should be cited in numerical order. The author should avoid jargon, cliches and laboratory slang.
- All submitted materials should be accurately described.

#### References guidelines

The number of cited works should not exceed 25.

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References should contain the following components:

- Name/s of author/s.  
In cases of multiple authorship, only the first three authors should be cited, followed by “et al.”  
The authors’ names should be written as surname followed by initial/s.
- Title of work.
- Publication date and publication data.

For example:

Hanfstein B, Mueller MC, Hehlmann R, et al. Early molecular and cytogenetic response is predictive for long-term progression-free and overall survival in chronic myeloid leukemia (CML). *Leukemia* 2012; 26: 2096-2112.

DeLellis RA, Lloyd RV, Heitz PU, et al. *Pathology and Genetics of Tumours of Endocrine Organs*. IARC Press, Lyon 2004: 8-12.

#### Ethics

- I. All authors are required to read and approve the manuscript because they are responsible for the contents.
- II. Studies involving the use of animal or human subjects should be carried out in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki) for experiments involving humans and EU Directive 2010/63/EU for animal experiments.

#### Corrections

In case any corrections of the text are necessary, it will be returned to the author, who should make the required changes within the deadline indicated by the editorial office. The editorial office reserves the right to make minor cuts and linguistic corrections.